The Nutrition Course

Improve your Health or Start an Exciting Nutrition Career

Download our free course guide

Your email

Submit

By providing your email address, you agree to receive further email communication relating to our course.

Save $100.00
Now only $1,199.00

Or enrol for as little as
$54.13 per week

Enrol

Excellent

Based on 902 reviews

00:32

Download our free course guide

Your email

By providing your email address, you agree to receive further email communication relating to our course.

Nutrition Course

Cutting edge diploma course in Nutrition

Industry Insight

Authored by a leading professional Nutritionist

24/7 Support

Ask for assistance at any time

Exclusive Facebook Group

Connect with students worldwide

No Fixed Start Dates

Start now, any day or time of the year

Payment Options

Flexible payment options

Useful Resources

Learn how to create healthy meal plans and delicious recipes

Guarantee

7 day money back guarantee

The Online Nutrition Course

With hundreds of 5-star reviews, it's easy to see that our students consider us to be the best online nutrition course available. The course has been written for you to explore the life-changing value of becoming your own personal nutritionist for you and your family or choosing to become a professional one. Our Nutrition course will increase your awareness and give you all the training and skills necessary to question the food that we eat, as well as our choice of lifestyle and how it impacts every system of the body.

Read More

Nutrition Course Outline

The Nutrition course is delivered online and consists of 12 modules and 12 corresponding assignments. You can study in your own time and at your own pace to get the most out of every module. Normally, you would expect to be dedicating an average of about 4-6 hours per week for 24 weeks. However, many students take up to one year to complete their studies because of family or work commitments. Extensions are available for purchase if required.

View Module Outlines

Download our free course guide

By providing your email address, you agree to receive further email communication relating to our course.

Nutrition Ad

Students have the oppor imilar to short courses and are sp

View Advanced Module Outlines

Nutrition Workshops

Expand your knowledge and skills with our online, live workshops. As a student enrolled in our course, you'll gain exclusive access to our exceptional lineup of online sessions, carefully curated to empower you on your learning journey.

View Workshops

Nutrition Blog

Nourish your knowledge with The Nutrition Institute's Wellness Blog—your guide to healthy living, expert nutrition advice, and emerging wellness trends. Our blog offers practical tips, recipe ideas, and industry insights to help you expand your understanding and stay connected to the ever-evolving world of health and nutrition.

View Blog

The Nutrition Institute, Canada

The Nutrition Institute offers you the most advanced and comprehensive online solution to learning available today. We offer the most thorough home study course in nutrition using the very latest online learning techniques. Our commitment to providing the highest quality training program has resulted in unique teaching and student support systems, which produce unparalleled results.

Read more about the Institute

Accreditation

We are accredited and recognised by

ACCREDITED BUSINESS

Read more about our Accreditations

Download our free course guide

By providing your email address, you agree to receive further email communication relating to our course.

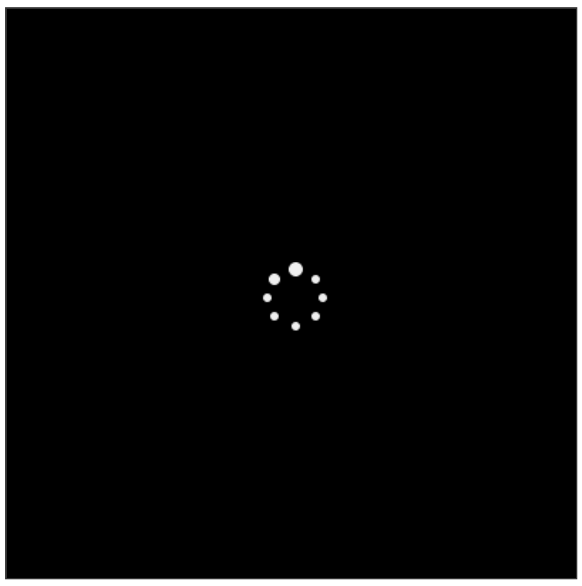
The Nutritio

Our course has been wri her years of knowledge and expertise to help yo on practice. Kim lives by example, teaching individuals all over the world how to adopt and maintain healthier lifestyle choices for long-term well-being.

Read more about the Author

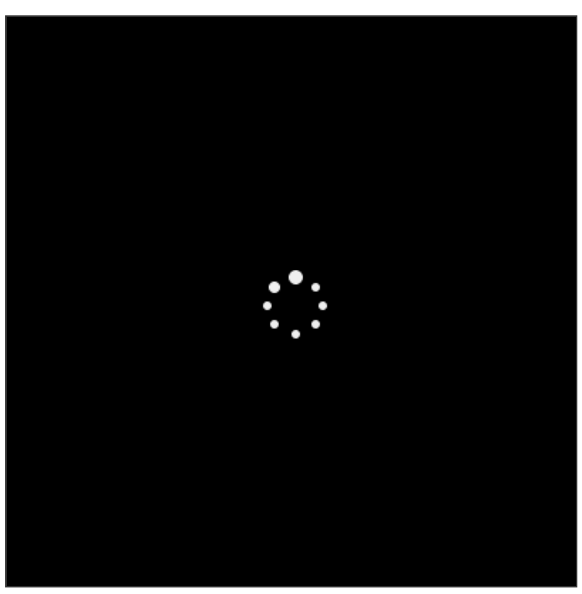
The Nutrition Course Tutors

Our handpicked tutors are not only great teachers but experts in their fields.



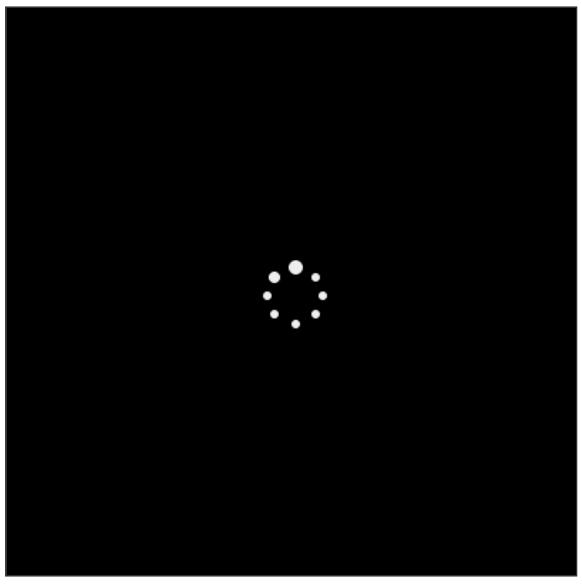
Aliz Toth

Having gained her Bachelor's in Nutritional and Dietetic Medicine and, more recently, her Master's in Human Nutrition, she is passionate about promoting evidence-based nutrition, making sure to keep up with the latest research and resources to ensure she can offer the best and most up to date information, education and resources to others.



Kassandra Kaleda

Accredited with a Bachelor of Food Science and Nutrition, Kassandra is a passionate Nutritionist and Health Coach who dedicates herself to supporting people to thrive in health, without sacrificing their love of food.



Kim Malcolm

Kim Malcolm is an accomplished, certified Nutritionist who genuinely lives her passion for food and lifestyle as medicine. She has worked globally throughout her career, meeting with private clients, writing and managing nutritional seminars for hundreds of people, creating whole food recipes, teaching cooking classes, and consulting to chefs and cafés.

Download our free course guide

By providing your email address, you agree to receive further email communication relating to our course.

has a passion for
ious, delicious and
, preferences and
lifestyles and tailors all health and nutrition recommendations to suit.

View all our tutors

Nutrition Online Course Reviews

Take a moment to read some of our graduate testimonials.

Lynne D Fantham

I'm currently a personal chef with my business, Love at First Taste, in the Okanagan. I'm excited to incorporate nutrition guidance and teach people how to cook healthy meals in their own homes.

Read More

Tanya Williams

This course is so well laid out, it is super straight forward, and I love that you can go at your own pace in the comfort of your own home.

Read More

Erin Van Esveld

I loved the fusion of the basics (macros, vitamins & minerals) with newer and relevant topics such as gut health mentioned above, the mind-body connection, the importance of practices such as deep breathing, and the effect of our "modern" stress-filled lives on the body.

Read More

Nadia Barzaq

The certified course tutors were very helpful and professional. It was wonderful to be able to take this course from home.

Read More

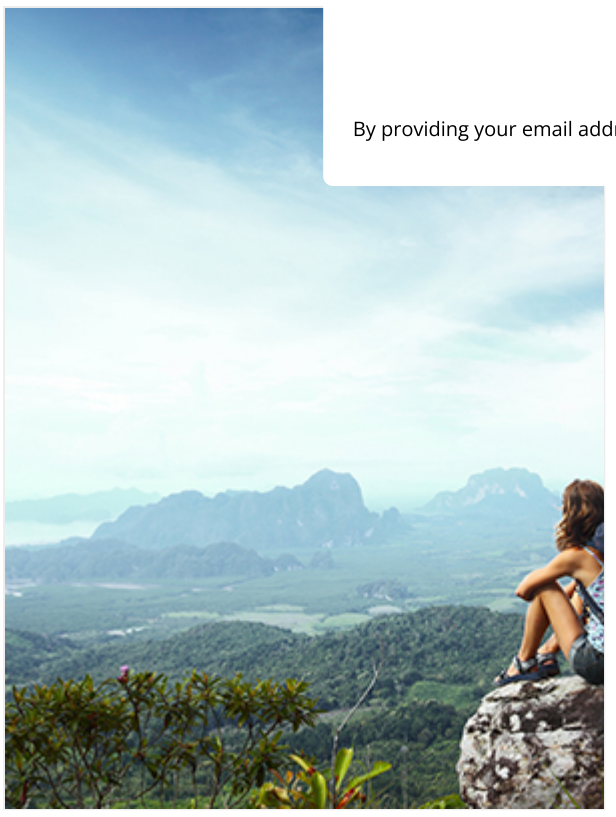
View all our student testimonials

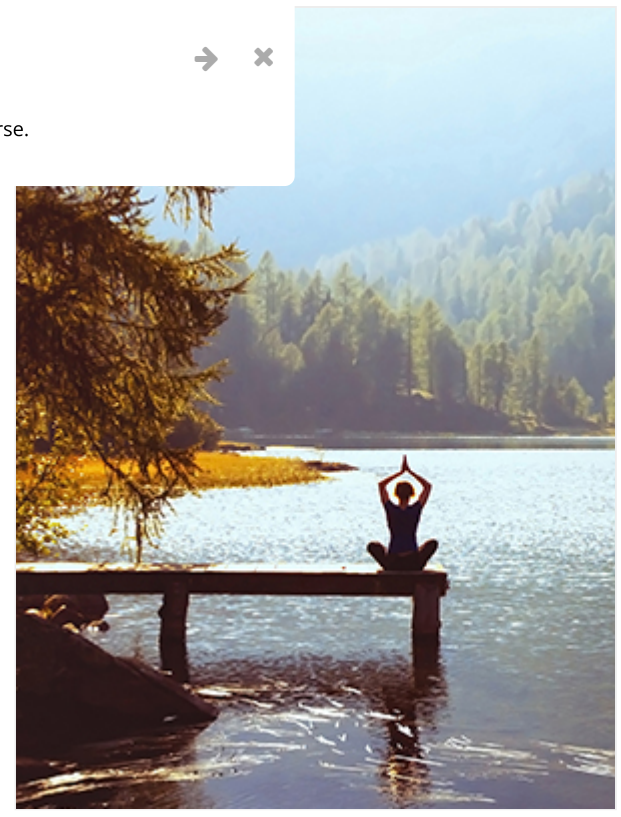
Join The Community

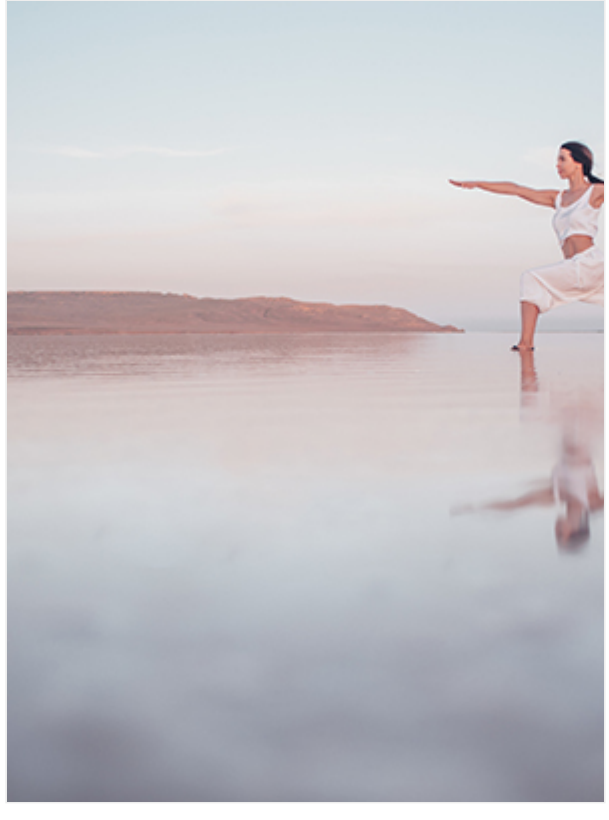
Tag your images with @the_nutrition_institute #NIstudent to have the chance to be featured!

Download our free course guide

By providing your email address, you agree to receive further email communication relating to our course.







Course Fees

We offer a number of flexible payment options.

Most Popular

Pay in Full

Save $100.00

Now Only

$1,199.00

Enrol

Weekly Plan

Download our free course guide

By providing your email address, you agree to receive further email communication relating to our course.

$54.13

per week

Enrol

Monthly Plan

6 Monthly Payments

$1,299.00

$216.50

per month

Enrol

All prices are displayed in CAD.

Money Back Guarantee

Not happy? Contact us within 7 days of your enrolment to receive a full refund.

Contact Us

Complete the form below, and we will get back to you as soon as possible.

Your Name

Your Email

By providing your email address, you agree to receive further email communication relating to our course.

Message

Submit

The Nutrition Institute, Canada

701 West Georgia Street, Suite 1500
Vancouver, BC V7Y 1C6

International Locations

We offer our course in 7

View our other internatic

Download our free course guide

By providing your email address, you agree to receive further email communication relating to our course.

Frequently Asked

For answers to our most

View the FAQs

Nutrition Blog

Inspiration, Student Showcases, and Expert Tips.

Visit our Blog

©2026 The Nutrition Institute. All rights reserved.